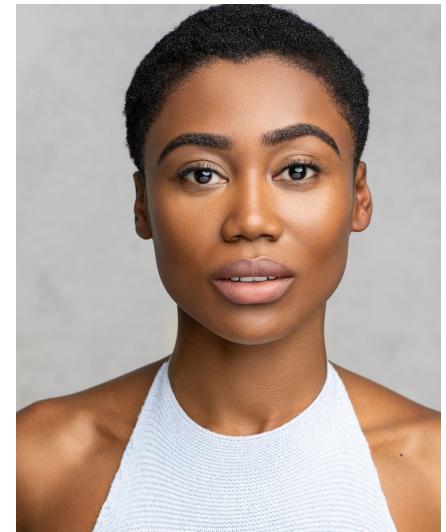


INSIGHT

Management & Production

20 Coronet Street
London
N1 6HD
Phone: 0203 093 8400
Email: office@insightmp.co.uk
Website: www.insightmp.co.uk

Adwoa Akoto



Adam Hills

Location:	Greater London, United Kingdom, Edinburgh, United Kingdom, , Ghana	Eye Colour:	Black
Height:	5'4" (162.6 cm)	Hair Colour:	Black
Playing Age:	20 - 30	Hair Length:	Short
Appearance:	Black-Other Areas, Black-Caribbean, Black-African, African-American	Voice Styles:	Warm,Engaging

Best Acting Duo Winner 2025 - Independent Shorts Awards in Los Angeles

Currently recurring in Season 2 of Apple TV Original Surface.

For Commercial enquiries please contact THE ARTISTS PARTNERSHIP, as per their contact details above

Television

2024, Television, Amelia Robbins, Sandman S2, NETFLIX, Jamie Childs
2023, Television, Emma, Surface S2, Apple TV, Alrick Riley
2022, Television, Pippa, HAPLESS S2, Amazon, Gary Sinyor
2021, Television, Sam, This England, SKY, Michael Winterbottom
2021, Television, Sarah, The Lazarus Project, SKY, Marco Kreuzpaintner
2020, Television, Young Lenora, I May Destroy You, HBO/BBC, Sam Miller/ Michaela Coel
2019, Television, Nurse Angelica, Degree, Beano/Lay Studios, Peter Lay
2013, Television, Yinka, Adot's Apprentice, UpshotTV, Sebastian Thiel

Feature Film

2024, Feature Film, Naa, The Fisherman, Venice Biennale, Zoey Martinson
2023, Feature Film, Chanelle (Lead), Played and Betrayed, Fox/Marvista Entertainment, Courtney Miller
2023, Feature Film, Joy, SEBASTIAN, BFI/ Wild Beast Productions, Mikko Makela
2022, Feature Film, DC Sharon Marks, The Buckingham Murders, BFI/Netflix, Hansal Mehta
2021, Feature Film, Alanda (Lead), York Witches Society, AMAZON/ MSR Media, Liza Bolton
2021, Feature Film, Rachel, Tomorrow Morning, Amazon/ Visualize Films, Nick Winston
2016, Feature Film, Desk Nurse, The Weekend Movie, NETFLIX, Sheridan Demyers

Short Film

2025, Short Film, Clara, The Call, Meena Ayitey
2025, Short Film, Her, Can I Borrow You, Michael Mante
2025, Short Film, Akua, No One Falls In Love On A Wednesday, Oskar Nilsson
2025, Short Film, Dr.Nova Jones, Memoirs, Carma Film, Duaine Roberts
2025, Short Film, Savannah, NOIR, Charlene Wango
2025, Short Film, Elaine, Why Did You Leave, Keeper of Keys, Kaylen Francis
2023, Short Film, Zoe, There Will Come Soft Rains, Mono Films, Elham Ehsas
2023, Short Film, Claudia, Claudia, Benjamin Kuffour
2022, Short Film, Francis, The Virtual Llama, Owlinspace, Tom Cozens
2021, Short Film, Helen Forson, The Kids Are Not Alright, 55 Media, Uche Aguah
2021, Short Film, Chioma, Queen, 55 Media, Uche Aguah
2020, Short Film, Evelyn, Be Yourself, Two Trick Pony Films, Joe Withers
2020, Short Film, Victoria, Colour Grading, Bibi Entertainment, Rahima Bibi

2020, Short Film, Grace, The Prayer, Kordieh films, Bernard Kordieh
2019, Short Film, Emily, The Hen Party, LJTV, Alpha Olaniran

Stage

2015, Stage, Jess (Lead), Love and Money, IDSA, Max Key
2014, Stage, Doctor, Etude, National Youth Theatre, Bea Holland
2013, Stage, Winner, Duologue Slam, MN Academy, Tom Newton
2012, Stage, Lily (Lead), Punk Rock, KSOA, Victoria Ross

Radio

2019, Radio, Amy, Flat 212, Lay Studios, Peter Lay

Commercial

2021, Commercial, Model, Glow Up, BBC, Various Directors
2020, Commercial, Lab woman, Clinique, Merman, Sharon Horgan
2020, Commercial, Our Star, We Transfer, Biscuit Filmworks, Daniel Warwick
2020, Commercial, The Bank Robber driver, Renault, Pulse Films, Thirty Two
2020, Commercial, Wife, British Airways, Still, Henrik Knudsen
2016, Commercial, Beach Babe, Euromillions, AMVBBDO, James Rouse
2015, Commercial, Bridesmaid, Lloyds Horse Story, Rogue Films, Sam Brown

Accents & Dialects: (* = native)

African-West, American-African American, African-Eastern, English-Standard, American-California, RP, American-Standard, Nigerian, Ghanaian, Caribbean, London*, African

Languages: (* = Native/Fluent)

Twi, English*

Music & Dance: (* = highly skilled)

African Dance-Contemporary, African Dance-Traditional

Performance:

TV Presenting, Audio Drama

Sports: (* = highly skilled)

Athletics

Vehicle Licences:

Car Driving Licence

Other Skills:

Business Management (BSc), First Aider (qualified), Computer Literate, Photographic Model, Writer, Improvisation

Training:

Anthony Meindl Acting Workshop - Ongoing
The Aquila Studio LA - Stella Adler Master Scene Study
Film Club London - Screen Acting
Instinctual Acting - Private Coaching
Identity Drama School - Advanced Professional, 2011-2017
National Youth Theatre
Kingdom Drama School
MN Academy