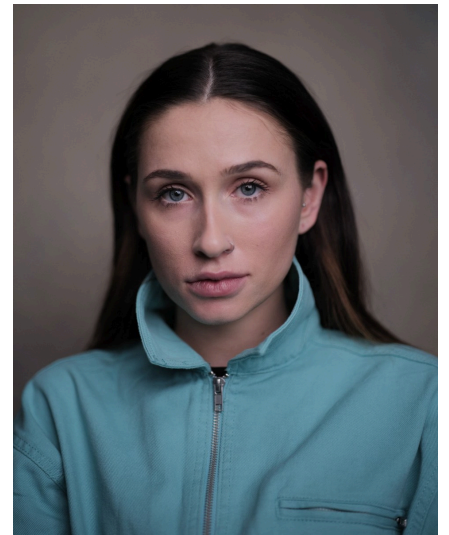


# INSIGHT

Management & Production

20 Coronet Street  
London  
N1 6HD  
Phone: 0203 093 8400  
Email: [office@insightmp.co.uk](mailto:office@insightmp.co.uk)  
Website: [www.insightmp.co.uk](http://www.insightmp.co.uk)



Phil Sharp

## Milly Zero

<b>Location:</b>	Greater London, United Kingdom	<b>Eye Colour:</b>	Blue
<b>Height:</b>	5'5" (165.1 cm)	<b>Hair Colour:</b>	Light/Mid Brown
<b>Playing Age:</b>	18 - 26	<b>Hair Length:</b>	Long
<b>Appearance:</b>	White		

Milly has just wrapped on filming for Call The Midwife BBC S15. Milly can be seen on new Netflix show 'Too Much' playing a comedy role in episode 1. She played regular role of Dotty Cotton in Eastenders.

Milly plays the lead in BFI Award Winning Short 'Better' which premiered at the London Film Festival as part of their official selection. Milly won 'Best Actress' at Shared Vision Film Festival.

### Television

2025, Television, Lana, Call The Midwife S15, BBC 1, Sarah Esdaile  
2024, Television, Nurse Ash, Too Much, Netflix / Universal International Studios / Working Title, Lena Dunham  
2023, Television, Lisa Gillespie, Doctors, BBC1, Edna Hughes  
2023, Television, Dotty Cotton (Regular), Eastenders (2019-23), BBC1, Various Directors  
2017, Television, Rosalind, The Biscuits - Pilot, CBBC, Dominic Macdonald  
2015, Television, Teen, The Crown, Netflix, Stephen Daldry  
2014, Television, (2013 - 2015), Hannah Enright (Co-Lead), All At Sea (Series 1 & 2), CBBC, Various Directors

### Stage

2025, Stage, Dealer (She), Block'd Off, The Park Theatre, Toby Clarke  
2025, Stage, Improv, Talking People, The Bush Theatre, Richard Vincent  
2024, Stage, Her, Over Your Dead Body, Interruption Theatre Company / Etcetera Theatre Camden, Joe Flynn  
2023, Stage, Hermia, A Midsummer Night's Dream, The Gatehouse Theatre, Stafford, Sean Turner  
2021, Stage, Fifi, The Green Room, Theatre Peckham / Words of Colour, Roy Alexander Weise MBE  
2019, Stage, Brittany, The Wonderful World of Dissocia, The Arcola Theatre, Bec Williams-Martin  
2014, Stage, Elizabeth Proctor, The Crucible, The BRIT School, Timothy Crowther

### Short Film

2023, Short Film, Girl A, The Night Bus, Nana Duncan Production, Saloum N'jie  
2023, Short Film, Chloe, YRO, Brixton House, Toby Clarke  
2022, Short Film, Kitty (Lead), Better, British Film Institute (BFI), Zoe Hunter-Gordon

### Feature Film

2016, Feature Film, Daughter, The Foreigner, Netflix, Martin Campbell

### Credits

2025, Music Video, Pregnant Young Mum, 'BUZZIN' - Truman, Black Kite Studios,  
2025, Web Series, Millie, Act Ting, Mixing Networks Productions, Michael Singleton  
2024, Music Video, Lead Female Role, 'Luvly' - Hak Baker, Knucklehead HQ, Myles McAuliffe and Gustav Newby  
2023, Commercial, Amy, Solace Woman's Aid Christmas Campaign, Roll Nine, Zoe Hunter-Gordon  
2015, Commercial, Festival Teen, BBC iPlayer, Shorts 1, BBC,  
2015, Commercial, Sara, Kisharon Charity Campaign, Vanilla Films, Edward McGown  
2013, Internet, Marsha, All About The McKenzies, Mysterent, Samuell Benta  
2013, Commercial, Gym Child, Sainsbury's, Academy Films,

**Accents & Dialects:** (\* = *native*)

Cockney\*, Estuary English\*, Scottish-Standard, West Country, RP, Northern, Yorkshire, Multicultural London English (MLE), Essex, Manchester, American-Standard, London\*, Australian

**Languages:** (\* = *Native/Fluent*)

English\*

**Performance:**

Comedy Improv\*

**Sports:** (\* = *highly skilled*)

Yoga, Pilates, Swimming

**Vehicle Licences:**

Car Driving Licence

**Training:**

The BRIT School, 2013-2017

National Youth Theatre, 2018

Open Door, 2019

Young Companies - Stratford, Rada & Arcola 2019

ALT, The Actors Class, Meisner & Film Club courses completed

Currently attends GoHub (scene study) & People Talking (improv).