

SELECT CASTING

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© Lucy Harrison Casting

Anurag Mehra

Location	Essex	Eye colour	Black
Height	183 cm	Hair colour	Salt & Pepper
Weight	85.00 kg	Hair length	Short
Playing age	35 - 45	Voice	Authoritative, Cheerful, Cool, Engaging, Enthusiastic
Appearance	Indian		

I am a model / actor with a playing age of 35-45yrs. I have done foundation & advanced Screen and Theatre Acting courses with City Academy London and have been fortunate to be part of a few TV adverts, Online / Socials, promotions campaigns for well-known brands including Lego, Uber, Churchills, Moneygram, NSPCC, Paddy Power, Microsoft, Dell, Sky, as well as theatre productions and various UGC projects. Also have a Netflix documentary coming out later in 2024. I am looking to build on my training and to grow in this field and would be grateful to be considered for suitable projects.

Branded content

Year Role	Title	Company Director
2024 Club Member	DAVID LLOYD GYM	
2024 Person suffering from Cancer	MACMILLAN CANCER SUPPORT	
2023 Teacher	NSPCC CHILDREN'S CHARITY CAMPAIGN	
Company Employee	MSA SAFETY GEAR	
Model	HARBOUR LIFESTYLE FURNITURE	
2023 Employee in the corporate recruitment film	ORSTED RECRUITMENT FILM	
2023 Chauffeur	BLACKLANE TAXI PROMOTION ADVERT	
UGC creator for the hair growth product	SANDINAVIAN BIOLABS HAIR GROWTH PRODUCTS	

Promo

Year Role	Title	Company Director
2024 User Testimonial	RYOBI ONE+ TOOLS	
2022 Group of friends	MACMILLAN CANCER SUPPORT - SOBER OCTOBER	

Corporate

Year Role	Title	Company Director
2023 Company Employee	OVH CLOUD	
2023 Presenter	LLOYD'S REGISTER FOUNDATION	

Commercial

Year Role	Title	Company Director
2023 Company Employee	PADDY POWER	
Uber driver	MONEYGRAM MONEY TRANSFER SERVICE	
2022 Car Salesman	CHURCHILL INSURANCE	

Documentary

Year Role	Title	Company Director
2023 Lead on the reconstruction	NETFLIX DOCUMENTARY (NDA)	

Online Commercial

Year Role	Title	Company Director
2023 Product user - Traveller / Gym goer	BONE SOUNDZ HEADPHONES COMMERCIAL	
2022 Part of couple as car shopping customers	NGENCO PAINT PROTECTION	

Television

Year Role	Title	Company Director
2023 Father	LEGO COMMERCIAL	

Training Film

Year Role	Title	Company Director
2023 Office colleague in training scenario	SKY STUDIOS - TRAINING MOVIE	
2023 Actor on the role play	NGO TRAINING MOVIE (MSF)	

Accents English-Standard, Indian, London

Languages English, Hindi

Music & dance Bhangra Dance, Bollywood Dance, Freestyle Dance, Indian Dance

Performance skills Autocue trained/experienced, Green Screen, Physical Comedy, Physical Theatre

Sports Archery, Basketball, Cycling, Football, Pool, Snooker, Swimming, Swimming (Open Water), Table Tennis, Tennis

Licences Car Driving Licence

(* = highly skilled)

Training I have done a foundation & Advanced Screen Acting (L1,L2,L3) and Theatre Acting courses with City Academy, London in 2018-19 and have been part of couple of few social media / television adverts as well as theatre showcase productions as part of the City Academy acting courses.