

SELECT CASTING

PO Box 748 London NW4 1TT

+447956131494

info@selectcasting.co.uk

www.selectcasting.co.uk



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Anurag Mehra

Location	Essex, Greater London, West Midlands	Eye colour	Black
Height	183 cm	Hair colour	Salt & Pepper
Weight	83.90 kg	Hair length	Short
Playing age	35 - 45	Voice	Authoritative, Sincere, Clear
Appearance	Indian		

Established commercial model and a trained actor with City Academy (Screen & Theatre). Have done TVC, Online / Social campaigns for well-known brands in the Lifestyle / Fitness / Corporate / Charity sectors (more info under the credits & experience section), thanks. On the acting side, been part of Netflix documentary "Sweet Bobby" and recently completed a Bollywood feature film; And, have also done a few vertical drama series, student films with London Film School, and theatre productions. My hobbies include travel, tennis, swimming, gym, music, and not to forget a big foodie as well!

Branded content

Year	Role	Title	Company	Director
2025	Lead Talent	MEACO DEHUMIDIFIERS	From the Hip	Matthew Hampton
2024	Actor / Model	HULT EF ASHRIDGE SHOOT	Hult EF	Oliver Briginshaw
2025	Company Employee	AUTODESK	Torpedo	Damian Thomas
2024	Lead Saudi Talent	QMJ (SAUDI THEME PARK)	Squint Opera	Ivo Minov
2024	Lead Talent	WITHU FITNESS APP	WithU Training	Joe Candlin
2024	Actor / Model	ORANGE BOX	Lambda Films	Alex Morris
2024	Network Engineer	VIAVI CORPORATE SHOOT	Wallbreaker	Joe Kershaw
2024	Pub customer	SIZZLING PUBS	CHS	Luke Biddiscombe
2024		GATWICK EXPRESS TRAINS		
2024	Person suffering from Cancer	MACMILLAN CANCER SUPPORT		
2023	Teacher	NSPCC CHILDREN'S CHARITY CAMPAIGN		
	Model	HARBOUR LIFESTYLE FURNITURE		
2023	Chauffeur	BLACKLANE TAXI PROMOTION ADVERT		

Commercial

Year	Role	Title	Company	Director
2025	Lead Talent (Cyclist)	ALZHEIMER'S SOCIETY CHARITY SHOOT	Delicious Bread Studios	Jerome Kim
2025	Doctor	TEAMVIEWER CONTENT SHOOT	Wing London	Damien Reeves
2025	Engineer	HITACHI		
2025	Male Lead / Cricket Fan	DP WORLD BRAND FILM	Chrome Productions	Stephen Parker
2025	Lead Talent	OTSUKA	CRXSS	Sam Barker
2024	Lead Talent (playing Saudi Dad)	NEW MURRABA	Squint Opera	Ivo Minov
2024	Company Employee (Male Lead)	WEX CARD	CHS	Sam Barbrooke

Corporate

Year Role	Title	Company	Director
2024 Scientist	ABCAM LIFE SCIENCES	Fox and Hare	Igor Emmerich
2024 Male lead	MONDELEZ INTERNATIONAL	Really Bright Media	Andy Banjanin
2023 Company Employee	OVH CLOUD		
2023 Presenter	LLOYD'S REGISTER FOUNDATION		

Feature Film

Year Role	Title	Company	Director
2024 Lead visual actor (playing Bobby)	NETFLIX DOCUMENTARY (SWEET BOBBY)	Raw	Lyttanya Shannon
2025 Male Lead	PAGAL PADOSI (BOLLYWOOD FEATURE)		Maneesh Bhatt

Music Video

Year Role	Title	Company	Director
2025 Gambler	THE REYTONS MUSIC VIDEO	Great Valley	

Online Commercial

Year Role	Title	Company	Director
2025 Lead Talent	MONEYGRAM	Be The Fox	James Eldridge
2025 Male Lead	TROJAN ENERGY	Bloomsbury Films	
2025 Male Talent	ARGYLL OFFICE SPACES	Argyll	Michaela Wrede
2024 Lead Nurse / Carer / Family member	SUE RYDER CHARITY	ROC Talent Agency	Rebecca Jones
2024 Lead Talent	UDEMY	Blind Eye Films	Michael O'Connor
2024 Lead Talent	AVERY DENNISON OPTICA	Casual Films	Rich Wisby
2024 Shopper	SAINSBURY'S HALLOWEEN SHOOT	Ogilvy	Jonathan Pienaar
2023 Product user - Traveller / Gym goer	BONE SOUNDZ HEADPHONES COMMERCIAL		
2022 Part of couple as car shopping customers	NGENCO PAINT PROTECTION		

Short Film

Year Role	Title	Company	Director
2025 Viraj	A PIECE OF YOU	London Film School	Ashna Kathuria
2025 Security Guard	LADY OF THE TRIBE	First Tone Limited	Tom Chambers
2025 Saif	NOCTURNAL	Roundhouse	Ashmy Johnson

Still Photography

Year Role	Title	Company	Director
2025 Male customer	THE SELF STORAGE COMPANY	Ally and Mo Media	
2024 Employee	CRISIS CHARITY UK - CHRISTMAS SHOOT		Natalie Martins

Television

Year Role	Title	Company	Director
2025 Lead Talent (Golf)	YOUR GOLF TRAVEL	Your Golf Travel	
2025 Fitness male (smart watch)	WOWCHER	Spacecity	Greg Simmons
2025 Supporting Lead	PAY10 APP	Sun City Studios	Rahul Bharti
2024 Lead Talent	HOBURNE HOLIDAYS	Weareclearhead	Alex Lawrence
2024 Lead Talent (playing Dad)	FOSTER EAST CHARITY	JMS Group	
2024 Employee	ISUZU MENTAL HEALTH AWARENESS CAMPAIGN	438 Marketing	Olivia Rideal
2024 User Testimonial	RYOBI ONE+ TOOLS		

Educational

Year Role	Title	Company	Director
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Accents	London, English-Standard, Indian
Languages	English, Hindi
Music & dance	Bollywood Dance, Freestyle Dance, Bhangra Dance, Indian Dance
Performance skills	Corporate Roleplay, Autocue trained/experienced, Green Screen, Presenting-Science, Presenting, Physical Comedy, Role Play, Physical Theatre
Sports	Swimming, Weight Training, Pool, Swimming (Open Water), Cycling, Basketball, Archery, Football, Tennis, Running, Table Tennis, Snooker, Yoga
Licences	Car Driving Licence
(* = highly skilled)	
Training	Foundation & Advanced Screen Acting (L1,L2,L3) and Theatre Acting courses with City Academy, London in 2018-19 and have been part of few social media / television adverts as well as theatre showcase productions with experience in physical comedy and improv aspects.