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Lydia Sterling

Location	Greater London, Nottingham	Eye colour	Brown
Height	165 cm	Hair colour	Black
Playing age	20 - 35	Hair length	Mid Length
Appearance	Mixed Race, Black-Caribbean	Voice	Clear, Natural

Musical

2023, Elizabeth, DIRTY DANCING (WEST END), Federico Bellone
2015, Judas, GODSPELL, Create Theatre, Catherine Orton
2014, Cinderella's Mother, INTO THE WOODS, Create Theatre, Catherine Orton

Concert

2021, Singer, TINA - THE ROCK LEGEND, RESET Production Company Germany, Jonathan Mawson

Short Film

2020, Singer, JOY, MYM: Million Youth Media, Percelle Ascot

Commercial

2020, London Resident, PAY IT FORWARD LONDON, London Together

Role Play

2013, Ensemble/Irene Gant, ENRON, Nottingham Playhouse Youth Theatre, Sarah Stephenson
2012, Ensemble, WOYZECK, Nottingham Playhouse Youth Theatre, Sarah Stephenson
2011, Ensemble, ROMEO AND JULIET, York Theatre Festival, Sarah Stephenson

Accents

American-Southern States, Multicultural London English (MLE), Manchester, Birmingham, London, American-Standard, American-New York, Caribbean, Nottingham, Jamaican

Languages

French, Spanish

Music & dance

Mezzo-Soprano*, Jazz Dancing, Contemporary Dance, Singing (general)*, Alto*, Pop Singing*, Commercial Dance, Jazz Singing*, Soprano*, African Dance-Traditional, Gospel Singing*, Mezzo*

Performance skills

Audio Drama, Musical Theatre*, Role Play*, Professional Singer*, Actor-Singer*, TV Presenting, Actor-Musician, Radio Drama, Children's Theatre

Voiceover

Voice Acting

(* = highly skilled)

Training

Goldsmiths University, Theatre & Performance Studies, 3 years, 2014-2017

