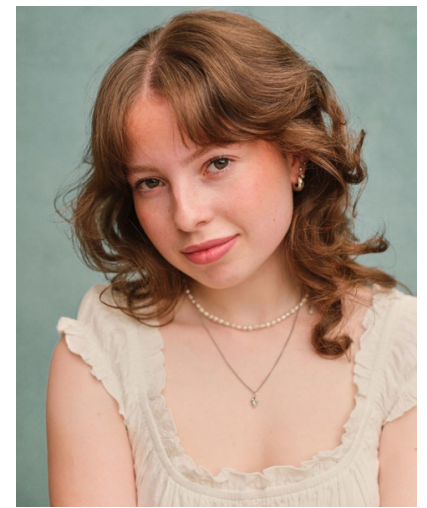




MANAGEMENT

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Lila Garrad

Location	Greater London, Surrey	Eye colour	Green
Height	160 cm	Hair colour	Light/Mid Brown
Playing age	15 - 25	Hair length	Long
Appearance	White	Voice	Clear

Lila is a London based actress currently in full time training at Italia Conti. Her TV debut was the role of Casey in the Sky comedy "Romantic Getaway" starring along side Katherine Ryan & Romesh Ranganathan. Lila has recently completed the intake course for the National Youth Theatre of GB.

Workshop

Year	Role	Title	Company	Director
2025	Ellie	THE EFFECT		Ellie Jones

Stage

Year	Role	Title	Company	Director
2022	Talc	JUNKYARD	Rose Theatre	Anthony Hoskyns

Television

Year	Role	Title	Company	Director
2022	Casey	ROMANTIC GETAWAY	Ranga Bee for Sky	Shaun Wilson

Accents American-New York, American-California, Cockney, American-Southern States, Edinburgh, RP, Bristol, American-Standard, London*

Languages English*

Music & dance Commercial Dance*, Ballet*, Hip Hop Dance*, Tap*, Singing (general)*, Jazz Dancing*, Contemporary Dance*, Pointe, Choreography*, Alto*, Modern Dance*

Performance skills Musical Theatre*, Actor-Singer*

Sports Pilates, Cycling, Swimming

(* = highly skilled)

Training Italia Conti
National Youth Theatre
Rose Theatre Young Company
Emil Dale Academy
Trinity Laban (CAT)