

CAM

55-59 Shaftesbury Avenue
London, W1D 6LD

020 7292 0600
www.cam.co.uk



Michael Shelford

Allyson Ava-Brown

Location: Greater London, United Kingdom
Height: 5'2" (157 cm)
Weight: 8st. 0lb. (50.8 kg)
Playing Age: 30 - 40
Appearance: Mixed Race, Black-Caribbean

Eye Colour: Brown
Hair Colour: Light/Mid Brown
Hair Length: Mid Length
Voice Styles: Cool, Husky

Television

2024, Television, Nurse Jasmine, Eastenders, BBC, Laurence Wilson
2024, Television, Julie, Casualty, BBC,
2018, Television, Rickie, Apple Tree House, CBBC, Eugenio Perez
2018, Television, Kim Aldred, Doctors, BBC, Niall Fraser
2017, Television, Rene Grants, Casualty, BBC, Alex Jacob
2017, Television, Gaynor Wyer, Vera, ITV, Paul Gay
2014, Television, Jenny Gorman, DOCTORS, BBC, Lee Skelly
2012, Television, Lizzie Kirkwood, Casualty, BBC, Jill Robertson
2012, Television, Della Rosswell, Doctors, BBC, Adrian Bean
2010, Television, Felicity Mayhew, Doctors, BBC, Sarah Punshon
2010, Television, Kat (3 episodes), Secret Diary Of A Call Girl, ITV, Alex Garcia/ Wayne Yip
2009, Television, Beatrice (Series Lead), Bear Behaving Badly 3, Darrall MacQueen/BBC Television, Frank Smith/Des McCarthy
2008, Television, Beatrice (Series lead), Bear Behaving Badly 2, Darrall MacQueen/BBC Television, Dez McCarthy/Ollie Brack
2008, Television, Louise and Various Others, The Wrong Door, BBC 3 Television, Ben Wheatley
2007, Television, Beatrice (Series Lead), Bear Behaving Badly, Darrall MacQueen/BBC Television, Frank Smith /Des McCarthy/Brett Fallis
2005, Television, Pop of the Tops Presenter, Basil Brush Show, BBC,
2004, Television, Jess, Eastenders, BBC, Peter Rose
2003, Television, Holly Singleton, Holby City, BBC,
2003, Television, Shinaz, Kerching!, BBC,
2003, Television, Jo, Sea Of Souls, BBC, James Hawes

Stage

2025, Stage, Nell/Elizabeth, Coven, Kindred Partners, Miranda Cromwell
2024, Stage, Jayne Wagner, 23.5 hrs, The Park Theatre, Katherine Farmer
2018, Stage, Angelica Schuyler, Hamilton, Cameron Mackintosh,
2018, Stage, Titania, A Midsummer Night's Dream, Lyric Hammersmith/Filter Theatre, Sean Holmes
2017, Stage, Cherry, The Principles of Cartography, Bush Theatre, Madani Younis
2016, Stage, Jasmine, Aladdin, Lyric Hammersmith, Ellen McDougall
2016, Stage, Kim, The Quiet House, Birmingham Rep/Park Theatre, Tess Walker
2015, Stage, Bo, The Etienne Sisters, Theatre Royal Stratford East, Chè Walker
2014, Stage, Prunella, BEAUTY & THE BEAST, Theatre Royal Stratford East, Dawn Reid
2014, Stage, Nina Thaw, In Bed, London Theatre Workshop, Adebayo Bolaji
2014, Stage, Kitten, SNAKES AND LADDERS, UK Tour, Kerri McLean
2013, Stage, Halfbreed, CROWNING GLORY, Theatre Royal Stratford East, Dawn Reid
2013, Stage, Celestine, PUSS IN BOOTS, Hackney Empire, Susie McKenna

2012, Stage, Harpo, Jack & The Beanstalk, Theatre Royal Stratford East, Dawn Reid
 2012, Stage, Margaret/Doctor/Jenny, MARTINA COLE'S DANGEROUS LADY, Theatre Royal Stratford East,
 2011, Stage, Martha/ Nomsa, The Swallowing Dark, Liverpool Playhouse/ Theatre 503, Paul Robinson
 2011, Stage, Glinda/ Evileene, The Wiz, Birmingham Rep/ West Yorkshire Playhouse, Josette Bushell Mingo
 2010, Stage, Reno, Workshop - Dusty Springfield Musical, CMP Limited, Terry Johnson
 2009, Stage, Anees, Moonshadow/Yusuf Islam In Concert, Tour, Anders Moon/Nicola Trehearn
 2008, Stage, Fantine, Les Miserables, Cameron Mackintosh,
 2006, Stage, Habibah/US Iras, Antony And Cleopatra, RSC - Stratford - Tour - West End, Gregory Doran
 2006, Stage, Caesar's Servant/US Portia/Calphurnia, Julius Caesar, RSC - Stratford-Tour - West End, Sean Holmes
 2006, Stage, Goddess/us Francisco, The Tempest, RSC - Stratford - Tour - West End, Rupert Gould
 2005, Stage, Bunny, Hairy Fairies, Fick Productions, Karl Howman
 2004, Stage, Joyce Lane, Simply Heavenly, Ambassador Theatre Group At Trafalgar Studios, Josette Bushell-Mingo
 2003, Stage, Eponine, Les Miserables, Matthew Ryan
 2001, Stage, Liz De Souza, Passports To The Promised Land, Nitro, Graham Devlin
 2000, Stage, Mimi Marquez, Rent, Hands Turn, Phil Wilmott
 1999, Stage, Baby Shellduck, Honk! The Ugly Duckling, Royal National Theatre, Julia McKenzie

Credits

2025, Workshop, Sarah Locumb, Thelma and Louise, Sonia Friedman Productions, Trip Cullman
 2024, Workshop, Smith, Southbound, Chichester Festival Theatre, Hannah Joss
 2024, Rehearsed Reading, Angel Nikki Delauria/Diane/Loretta, Sean's Story, Tom O'Brien
 2016, Short Film, Portia, Dogs of War, District 13, Mark J Rigby
 2015, Rehearsed Reading, Saffronia, 4 Women, Loud Talkin, Karena Johnson
 2014, Rehearsed Reading, Bo, The Etienne Sisters, Theatre Royal Stratford East, Ché Walker
 2013, Recording, Mary Magdalene, Love Beyond, Robbie Webb/Richard Haley
 2013, Rehearsed Reading, Kimberley, Snakes and Ladders, Plenty Productions, Kerry McLean
 2013, Short Film, Sophie, Ambition to Live, One Umbrella Productions, Fraser Ayres
 2012, Rehearsed Reading, Michelle, Venus/Mars, Rikki Henry
 2011, Workshop, Lilly, Praise Singer, Hackney Empire, Susie McKenna
 2009, Recording, Lead vocalist, Moonshadow, Chris Nightingale/Yusuf Islam
 2008, Recording, Allyson Brown (Writer And Vocalist), 'Friday Night' Featured In Film Love Me Still, Defiant Films/D'Influence,
 2008, Workshop, Various Roles, London Road, National Theatre, Alecky Blythe
 2004, Recording, Simply Heavenly, First Night Records,
 2000, Workshop, Various, Catwalk, Nitro, Felix Cross
 1998, Recording, Featured, Aint No Stoppin' Us Now, Mobo Allstars,
 1997, Feature Film, Beloved-Soundtrack,
 1996, Feature Film, Return Of The Jedi-Soundtrack,
 2018, Workshop, Rosalind, As You Like It, NT Studios, Douglas Rintoul
 2018, Workshop, Della/Gerri, Selma, NT Studios, Michael Buffong

Accents & Dialects: (* = native)

Liverpool, American-Southern States, Yorkshire, Jamaican, Northern, Cockney, Trinidad, American-Standard, American-New York, Essex, Leeds, RP, London, Caribbean

Languages: (* = Native/Fluent)

English*

Music & Dance: (* = highly skilled)

Singer-Songwriter, R & B Singing, A Cappella, Jazz Singing, Alto

Performance:

Actor-Singer, Role Play, Singer-Professional, Musical Theatre, ADR-Additional Dialogue Recording, Story Telling, Comedy, Sight-Reading (non-musical)

Other Skills:

Vocal Workshop Leader, Lyricist, Improvisation, Nail Technician (qualified)

Training:

Award - Mobo Award for best unsigned act 1998.

