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Sadé Alleyne - Movement Director

Sadé Alleyne started her career as an athlete, training and competing professionally in London, UK. Shifting to dance she trained at the BRIT School of Performing Arts and Technology 2003-05 (UK), and the Northern School of Contemporary Dance 2005-08 (UK). Sadé is currently based in London and is studying Roehampton's Foundation Course in Dance Movement Psychotherapy.

Sadé has worked with many dance companies both in the UK and internationally on performances, films and projects, including Tavaziva Dance, IJAD Dance and Vocab Dance Company. Sadé is an accomplished Rehearsal Director, and has worked with has worked with Ace Dance and Music (Birmingham), State of Emergency (London), and was a significant creative part of Aakash Odedera Company's production Samsara and Alesandra Seutin Vocab Dance's production Boy Breaking Glass. She has also worked with choreographers Vincent Mantsoe, Luyanda Sidiya, Andlie Sotyia, Douglas Thorpe, Akiko Kitamura and Gregory Vuyani Maqoma. Sadé joined Akram Khan Company in 2012 on the Vertical Road, iTOMi, Kaash tour, most notably performing at the London 2012 Olympics Opening Ceremony. Sadé also leads workshops internationally as part of A.K.C.T (Akram Khan Charitable Trust) and joined Ultima Vez Company for their production Go Figure Out Yourself and Trap Town. Sadé has worked with Award winning director Antoine Marc of Arts and Movement Ltd for film Descent, Remains, Within and recent XR Film Production, commissioned by BBC Arts and One Dance UK, with support of BBC R&D.

Sadé and her identical twin sister Kristina formed the internationally acclaimed company Alleyne Dance in 2014. The company has a distinctive style which draws on their powerful relationship as sisters, their joint athletic experiences, and their diverse experiences in dance training. On the international circuit, the company is presenting stage productions A Night's Game and The Other Side of Me, and outdoor work BONDED. Alleyne Dance's short interactive film, (Re)United has won multiple awards including Best Short Dance Film at the National Dance Awards 2021 (UK), and has been selected for numerous international film festivals. The sisters also jointly won 2020 Best Female Dancer of the Year, awarded by Kritikerumfrage-Jahrbuch 2020 (Critic Survey - Yearbook 2020). Learning and development is an essential part of the Company's mission, and Kristina and Sadé have built a strong reputation delivering training classes and workshops in a range of settings around the world for community groups, youth groups, vocational institutions, professional companies, and dance festivals. Alongside this, Alleyne Dance have recently launched their bespoke Mentorship scheme, and have also developed the Alleyne Sisters Workout programme.