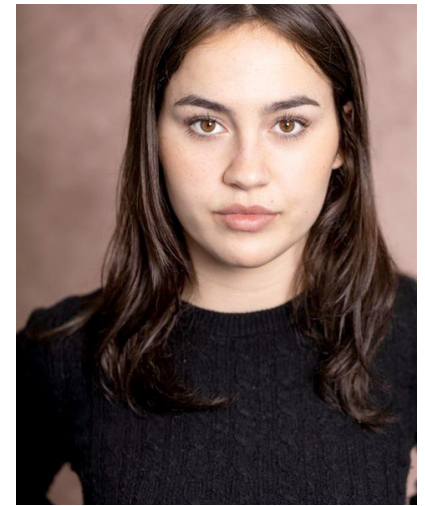




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© Stephanie Claire

Dolly Henshall

Location	Essex, City of Bristol	Eye colour	Brown
Height	163 cm	Hair colour	Dark Brown
Weight	57.15 kg	Hair length	Long
Playing age	16 - 24	Voice	Bright, Cheerful, Cool, Enthusiastic, Sincere
Appearance	White		

Dolly Olivia Henshall Howar Phone: 07534200118 Date Of Birth: 14.01.2005 Personal profile: I have been confident and ambitious in my career so far, resulting in achieving positions involving levels of trust, organisation and responsibility. I am quick to learn new skills and am extremely capable of working individually and within a team. I am organised, enthusiastic and motivated to continue to work on and improve skills I have learned from previous jobs. My previous jobs include being a kitchen cleaner/pot washer where I learned the importance of keeping hygiene levels at a high standard... for myself and for the facility. I have also worked supporting adults and children using kayak and paddle boarding facilities, this meant I had to know the policies and procedures of working with water and the types of hazards and risks involved within that. I had to make sure that every user was comfortable and safe when entering the water and exiting. I have worked as a life guard at two holiday parks, I am trained in first aid and have a defibrillator qualification. I have also worked with disabled/ physically deformed children at a summer camp for burns victims, within this i would encourage and support young children who may be scared to show their scars or participate in an activity, as a burns victim myself i understand how it can feel to be discriminated against and will never judge someone based on appearance or ability. I have a passion for sport. I have good problem solving skills and can remain calm in stressful situations while also thinking on my feet. I have an excellent reputation of being reliable, trustworthy, honest, hardworking and well respected with my peers. I have worked hard in building effective relationships and supporting my work colleagues. I am open minded and am a good listener, I have a warm and friendly approach and am clear and concise. I am flexible and will embrace change. I have a good understanding of safeguarding procedures and the importance of health and safety. I am also able to follow policy and procedures well. I have excellent people skills and customer service as I have always worked at jobs that have people asking many questions, however I will always put the safety of pool users and staff above addressing concerns while at work. I have an amazing understanding of most types of swimmers and facility users that may enter the centre, this means that i can deal and converse with many types of customers. I have a good understanding of equal opportunities and have put this into practice within my previous work roles. I will never carry prejudice with my work role and will keep a positive attitude. Work History: Constable park (restaurant and watersports centre) Burns camp (created by the broomfield burns ward) Park holidays (worked as a life guard) Park dean (worked as a life guard) Education: 2021- 2023 Suffolk One College Performing arts extended diploma BTEC - D*D*D 2015- 2021 St Joseph's College, Ipswich GCSE's: English lit/lang- 5, Maths- 4, Science- 5, Drama- 9, Religious Education- 7, Art and Design- 5, Food Tech- 4 2023-2024 MET Film school Certificate in acting for film (ongoing) Certificates and experiences: NPLQ - 12th august 2022 Annual Volunteering at burns camp Interests and Activities: I have always been interested within the sporting industry and am a very sporty person myself, having played hockey for performance Centre (amateur professional). I am also very interested in drama and performing arts. I regularly visit theatres to see new musicals and shows. I enjoy spending time and conversing with my family and friends. References: Professional reference: Constable park water sports and restaurant- Sarah williams (owner) Bergholt road, brantham, manningtree, CO11 1QR Info@constablepark.co.uk Character reference: Alison Nightingale, swimming teacher, aqua instructor. 07971391966

Accents	American-Standard, English-Standard*
Languages	English*
Music & dance	Singing (general)
Performance skills	Children's Theatre, Comedy, Commedia Dell'Arte, Immersive Performance, Lip Sync, Verbatim Theatre
Sports	Hockey (field)
Other skills	Lifeguard

(* = highly skilled)

Training	St Joseph's College (Ipswich), GCSE Drama, grade 9 Suffolk One College, Performing arts btech, (this course included singing, dancing and acting) MET Film School, high intensity short course, acting for screen
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The information in this CV may have been provided by partner sites. Every effort has been made to make sure that the information contained on this page is correct and Tagmin can accept no responsibility for its accuracy.