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Monique Ashe-Palmer

Location	Greater London, West Yorkshire,	Eye colour	Brown
Height	172 cm	Hair colour	Black
Playing age	25 - 34	Hair length	Mid Length
Appearance	Mixed Race	Voice	Friendly, Melodious

Currently leading the cast as Storyteller 1 in 'Shucked' at Regent's Park Open Air Theatre, directed by Jack O'Brien, opening 10th May 2025.

Musical

2024, Swing/Cover Nikki & Connie, STANDING AT THE SKY'S EDGE, National Theatre at the Gillian Lynne, Robert Hastie
2023, Alternate Aragon and Cleves, SIX, Kenny Wax Ltd., Lucy Moss/Jamie Armitage
2023, Associate Choreographer, MADAGASCAR THE MUSICAL, Sella Door, Kirk Jameson
2022, Ensemble/Cover Nurse Norma, WAITRESS, UK Tour, David Ian Productions, Diane Paulus
2020, Ensemble / Cover Nurse Norma, WAITRESS, Adelphi Theatre, London, Diane Paulus/ Lorin Latarro
2019, Kowalski/Cover Gloria/ On stage Swing /Dance Capta, MADAGASCAR THE MUSICAL, UK Tour, Selladoor, Kirk Jameson, Choreographer: Fabian Aloise

Commercial

2025, Featured Cast, SKY - LIKE THIS BUT TELE
2024, Hairdresser, BT CAMPAIGN, ReproductionTV, Buggy steel
2021, Mum, MATALAN AUTUMN CAMPAIGN, Outsider, Jim Gilchrist
2019, Poppy (lead), BOOTS SUMMER LAUNCH - I'M COMING OUT, Palma Pictures, David Wilson

Stage

2023, Stacey, £1 THURSDAYS, Finborough Theatre, Vicky Moran
2017, Salome, SALOME, Bird College, James Palm

Music Video

2021, Waitress/Dancer, NEW WAVE - BOW ANDERSON, Ben Pengilly, Samuel Charles & Bradley Boorman

Television

2023, Nurse, EMMERDALE, ITV Yorkshire, Joshua Reeves

Pantomime

2018, Ensemble, SLEEPING BEAUTY, Camberley Theatre

Arena

2017, Dancer/Drummer, NFL PRE GAME ENTERTAINMENT, NFL, Paul Townsend

Concert

2017, Dancer, MACK AND MABEL, London Musical Theatre Orchestra, Anthony Whiteman

Video

2017, BV, ONE NIGHT ONLY, Shay Barclay

Accents	American-African American, American-New York, American-Southern States, American-Standard, Bradford, Caribbean, English-Standard, Leeds*, Liverpool, London, Manchester, Northern, RP, Yorkshire
Languages	English*
Music & dance	Alto*, Choral Singing, Commercial Dance*, Contemporary Dance*, Contemporary Singing, Dancehall, Harmony Singing, Hip Hop Dance, Jazz Dancing*, Modern Dance*, Street Dance, Street Jazz*, Tap
Sports	Running, Swimming, Yoga
Licences	Car Driving Licence
Vocal range	F ₃ to G# ₅ (belt to D# ₅)
(* = highly skilled)	
Training	GoHub Acting Workshops & Screen Acting Workshops Bird College of Dance, Music & Theatre Performance, BA (Hons) in Professional Dance and Musical Theatre, 3 years, 2015 - 2018