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Monique Ashe-Palmer

Location	Greater London, West Yorkshire	Ethnic Background	Mixed
Height	172 cm	Eye colour	Brown
Playing age	25 - 34	Hair colour	Black
Appearance	Mixed Race	Hair length	Mid Length
		Voice	Melodious, Friendly

Soon to be leading the cast as Storyteller 1 in 'Shucked' at Regent's Park Open Air Theatre, directed by Jack O'Brien, opening 10th May 2025.

Musical

2025, Pustula, DRACAPELLA, Park Theatre and Adam Blanshay Productions, Jez Bond
 2025, Storyteller 1, SHUCKED, Regent's Park Open Air Theatre, Jack O'Brien
 2024, Swing/Cover Nikki & Connie, STANDING AT THE SKY'S EDGE, National Theatre at the Gillian Lynne, Robert Hastie
 2023, Alternate Aragon and Cleves, SIX, Kenny Wax Ltd., Lucy Moss/Jamie Armitage
 2023, Associate Choreographer, MADAGASCAR THE MUSICAL, Sella Door, Kirk Jameson
 2022, Ensemble/Cover Nurse Norma, WAITRESS, UK Tour, David Ian Productions, Diane Paulus
 2020, Ensemble / Cover Nurse Norma, WAITRESS, Adelphi Theatre, London, Diane Paulus/ Lorin Latarro
 2019, Kowalski/Cover Gloria/ On stage Swing /Dance Capta, MADAGASCAR THE MUSICAL, UK Tour, Selladoor, Kirk Jameson, Choreographer: Fabian Aloise

Commercial

2025, Featured Cast, SKY - LIKE THIS BUT TELE
 2024, Hairdresser, BT CAMPAIGN, ReproductionTV, Buggy steel
 2021, Mum, MATALAN AUTUMN CAMPAIGN, Outsider, Jim Gilchrist
 2019, Poppy (lead), BOOTS SUMMER LAUNCH - I'M COMING OUT, Palma Pictures, David Wilson

Stage

2023, Stacey, £1 THURSDAYS, Finborough Theatre, Vicky Moran

Music Video

2021, Waitress/Dancer, NEW WAVE - BOW ANDERSON, Ben Pengilly, Samuel Charles & Bradley Boorman

Television

2023, Nurse, EMMERDALE, ITV Yorkshire, Joshua Reeves

Accents	Caribbean, RP, American-Standard, Yorkshire, Northern, American-New York, Liverpool, English-Standard, Manchester, Bradford, Leeds*, American-Southern States, American-African American, London
Languages	English*
Music & dance	Contemporary Dance*, Dancehall, Commercial Dance*, Contemporary Singing, Jazz Dancing*, Harmony Singing, Tap, Modern Dance*, Choral Singing, Alto*, Street Dance, Street Jazz*, Hip Hop Dance

Sports Swimming, Running, Yoga

Licences Car Driving Licence

Vocal range F₃ to G#₅ (belt to D#₅)

(* = highly skilled)

Training GoHub Acting Workshops & Screen Acting Workshops
Bird College of Dance, Music & Theatre Performance, BA (Hons) in Professional Dance and Musical Theatre,
3 years, 2015 - 2018