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Niamh Benstead

Location	Leicester	Eye colour	Blue
Height	165 cm	Hair colour	Blond(e)
Playing age	16-28	Hair length	Long
Appearance	British		

Accents

American-Standard, English-Standard, Leicester*, London

Music & dance

Alto, Ballet, Choreography, Commercial Dance*, Contemporary Dance, Dance (general)*, Hip Hop Dance, Jazz Dancing, Lyrical Dance, Mezzo, Mezzo-Soprano, Modern Dance, Pointe, Street Dance, Tap

Performance skills

Actor-Singer, Dancer-Professional*, Musical Theatre*, Professional Dancer*

Sports

Athletics, Badminton, Bowling, Gymnastics, Gymnastics Coaching, Hula Hooping, Ice Skating, Jet Ski, Netball, Rounders, Running, Swimming

Licences

Car Driving Licence

Other skills

DBS (CRB) clearance, Dance Teacher, Dancing, Gymnastics, Photographic Model, Sports

(* = highly skilled)

Training

Trained professional dancer and musical theatre performer. Trained at Performers College, Essex from 2018-2021.