



International Arts Centre, Garden Street  
Leicester LE1 3UA  
01163650526  
info@pkmodelagency.co.uk  
www.pkmodelagency.co.uk

## Rachel Lightfoot



© Matt Bates Photography

Location	<b>Sheffield, Leeds, Stockport</b>	Eye colour	<b>Green</b>
Height	<b>163 cm</b>	Hair colour	<b>Black</b>
Playing age	<b>35-45</b>	Hair length	<b>Mid Length</b>
Appearance	<b>White, White</b>		

<b>Accents</b>	African-Eastern, American-California*, Derby, Nottingham, Yorkshire
<b>Music &amp; dance</b>	Burlesque
<b>Performance skills</b>	Comedy, Comedy Improv, Immersive Performance, Interactive Performance, Interviewer (experienced)*, Live Roleplay, Meisner Technique, Outdoor Performances, Poetry Reading, Radio Drama, Role Play, Spoken Word, Story Telling, Voice Over
<b>Sports</b>	Abseiling, Bouldering, Cycling, Falconry*, Mountain Hiking, Paragliding*, Swimming, Trampoline
<b>Other skills</b>	Comedy Songwriting, Computer Literate, DBS (CRB) clearance, Drawing, Event Host (experienced), Event Management (experienced), Hair Model, Improvisation, Model-professional, Performance Artist, Photographic Model, Photography, Spoken Word Artist, Story Telling, Tarot Reading, Workshop Leader, Writer

(\* = highly skilled)

<b>Training</b>	The Meisner Technique: Studio 13 Acting School. Accent Coaching: American and RP: Sarah McGuinness. BA Hons degree in Film & Literature: Sheffield Hallam University.
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