

INSIGHT

Management & Production

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Michael Shelford

Sophie Simnett

Location:	Greater London, United Kingdom	Eye Colour:	Blue
Height:	5'5" (165 cm)	Hair Colour:	Blond(e)
Playing Age:	16 - 25	Hair Length:	Mid Length
Appearance:	White		

Television

2025, Television, Claudia, The Lady, ITV, Lee Haven-Jones
2023, Television, Patricia, So Long, Marianne, Øystein Karlsen
2019, Television, Sam Dean (Lead), Daybreak, Netflix, Brad Peyton
2018, Television, Andromeda Page, Poldark, BBC, Joss Agnew
2017, Television, Skye, The Lodge Series 2, Disney Channel,
2016, Television, Pippa, Endeavour, ITV, Michael Lennox
2016, Television, Sofia Bonnar, Ransom, CBS,
2016, Television, Skye, The Lodge, Disney Channel,
2015, Television, Florence Dedlock, Dickensian, BBC, Harry Bradbeer
2015, Television, Scarlett, The Five, Sky, Mark Tonderai

Feature Film

2026, Feature Film, Grace, Everybody Wants To Fuck Me, LuckyChap, Jonathan Schey
2026, Feature Film, Katrina, Scorn, Topic Studios, Sarah-Violet Bliss
2025, Feature Film, Carrie, The Running Man, Paramount Pictures / Complete Fiction, Edgar Wright
2024, Feature Film, Veronica, Falling, Gulfstream Pictures, Colin & James Krisel
2022, Feature Film, Nina, Words of War, Good Films Collective, James Strong
2021, Feature Film, JENNY, Last Train To Christmas, Sky Cinema, Julian Kemp
2021, Feature Film, Kate (Lead), The Refuge, Millenium/NuBoyena, Renny Harlin
2020, Feature Film, Red / Nancy, TWIST, Sky Cinema, Martin Owen
2018, Feature Film, Bee, Surviving Christmas, Studio Soho, James Dearden
2015, Feature Film, Kate, Mum's List, Soho Pictures, Niall Johnson

Stage

2014, Stage, Puck, A Midsummer Night's Dream, Unicorn Theatre, Emma Burford
2013, Stage, #3, Mobile Phone Show, Dancing Brick for Lyric Hammersmith, Valentina Ceschi & Thomas Eccleshare

Credits

2025, Short Film, Ella, The Intimacy Coordinator, Thimble Films, Louisa Connolly-Burnham

Accents & Dialects: (* = native)

London, Yorkshire, American-Standard, RP, Irish-Southern

Languages: (* = Native/Fluent)

English*

Music & Dance: (* = highly skilled)

Mezzo-Soprano, Ukulele, Piano

Training:
Lyric Theatre Young Company