

CAM

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Natalia Kostrzewa

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Location:	Greater London, United Kingdom, County Dublin, Ireland, Warszawa, Poland	Ethnic Background:	White
Height:	5'4" (162.6 cm)	Heritage & Ethnicity:	Jewish
Weight:	8st. 0lb. (50.8 kg)	Eye Colour:	Blue-Grey
Playing Age:	30 - 40	Hair Colour:	Blond(e)
Appearance:	Eastern European, White	Hair Length:	Mid Length
		Voice Styles:	Friendly, Gentle

In 2025, Natalia wrapped *Boarders* and Season 2 of *Ellis*, secured a feature opposite Laura Linney and Rhys Ifans, and appeared across major platforms with standout roles in ITVX's *Out There*, BBC iPlayer's *A Very Short Film About Longing*, and Netflix's new season of *Black Mirror*.

Television

2025, Television, Alina, *Boarders*, BBC Three, Yero Timi-biu
2025, Television, Ludomila Novak, *Ellis*, Film Two, Max Myers
2025, Television, Borbala Barta, *FBI International*, SKY / CBS, Milena Govich
2025, Television, Courier, *Black Mirror Season 7*, Netflix - Charlie Brooker, Haolu Wang
2024, Television, Ange Koceski, *Casualty*, BBC 1, Steve Hughes
2024, Television, Ewa Bartosz (series regular), *Out There* (6 episodes), ITV, Marc Evans / Philippa Langdale
2023, Television, Izabella Godek, *Fool Me Once* (5 episodes), ITV / Netflix, David Moore
2019, Television, Mariana's Interpreter, *Line Of Duty*, World Productions BBC, John Strickland
2019, Television, Ewa, *Save Me Two*, World Productions, Copy Giedroyc
2018, Television, Kat, *Dark Heart* (2 episodes), ITV, Colin Teague
2018, Television, Woman, *Krypton*, Warner Horizon Television, Ciaran Donnelly
2018, Television, Jules, *Pure*, Channel 4, Alicia MacDonald
2013, Television, Inga, *An Crisis*, TG4, Charlie McCarthy
2013, Television, Anna, *Scup*, BBC, Declan Recks
2012, Television, Cleaner, *Moone Boy*, SKY, Declan Lowney
2010, Television, Basia, *Love/Hate*, RTE, David Caffrey
2010, Television, Ania, *Ros na Run*, TG4, Stephen Bucher
2009, Television, Daria, *The Clinic* (3 episodes), RTE, Lisa Mulcahy
2007, Television, Ukrainian Girl, *Murphy's Law*, BBC, Colm McCarthy

Feature Film

2026, Feature Film, Mrs Wozniak, *But When We Dance*, HILLTOP SCREEN (ONE), John Madden
2021, Feature Film, Nadia Kovak, *Life and Death in the Warehouse*, BBC, Joseph Bullman
2019, Feature Film, Betty, *Corvidae*, Reiver Pictures, Joe Marcantonio
2018, Feature Film, Swietlana, *Rosie*, Element Pictures, Paddy Breathnach
2017, Feature Film, Katia Matuszczak (lead), *Perfect Skin*, Global Chicken Inc, Kevin Chicken
2017, Feature Film, Allison, *The Cured*, Tilted Pictures, David Freyne
2014, Feature Film, Justine, *Get Up And Go*, Fastnet Films, Brendan Grant
2013, Feature Film, Monika (Lead), *Key's To The City*, Film Base Productions, Christopher Brennan
2013, Feature Film, Neighbor, *Life's A Breeze*, Fastnet Films, Lance Daly
2013, Feature Film, White Witch (Lead), *The Shadows*, Emu Productions, Colin Downey
2012, Feature Film, Carol, *Earthbound*, Ripple World Pictures, Alan Brennan

2012, Feature Film, Maria, Faraway, Silver Sombrero Pictures, Stephen Don
2011, Feature Film, Claire (Lead), The Looking Glass, Emu Productions, Colin Downey
2010, Feature Film, Sian, The Inside, Black Canvas Pictures, Eoin Macken

Short Film

2023, Short Film, Maria (lead), Express, Channel 4, Edem Kelman
2023, Short Film, Kate (lead), Sikness, BAMF Productions, Jack Carrivick
2022, Short Film, Lena (lead), A Very Short Film About Longing, DMC Films / BBC, Eimear McBride
2020, Short Film, Miss Burn, How To Disappear, Iggy Ellis, Jack Carrivick
2018, Short Film, Alma (lead), Cordcutter, Ryan Production, Elena Bolster
2017, Short Film, Dorota (lead), Calling Home, Oster Production, Megan K. Fox
2017, Short Film, Mother, The Tattoo, Rocket Productions, Ian Power
2016, Short Film, Homeless Girl (Lead), Girl, Cardel Entertainment, Megan K. Fox
2012, Short Film, Kasia (Lead), Grosvenor Square, Light Films, Megan K.Fox
2012, Short Film, Eliza (Lead), The Fallen, Fastnet Films, Pau Camarasa
2011, Short Film, Mistress, Angel, Produced by Ned O'Hanlon, Ruan Magan
2010, Short Film, Malgorzata (Lead), Malgorzata, Rowland & Mitchell Productons, Maggie Mitchell
2009, Short Film, Stefka (Lead), The Good Doctor, i-Wire Films Production, Rick Larkin

Rehearsed Reading

2020, Rehearsed Reading, Aneta, An Honest Woman, Druid Debut, Sara Joyce
2019, Rehearsed Reading, Heidi, Death and Taxes, BFI and Northern Ireland Screen, Terry Loane
2019, Rehearsed Reading, Magda / Christy, Maxxx, Channel 4, Nick Collette
2016, Rehearsed Reading, Agata, Many Mansions, The Abbey Theatre, Caroline Byrne
2015, Rehearsed Reading, Agnieszka, Shibboleth, The Abbey Theatre Dublin, Maisie Lee

Stage

2011, Stage, Natalia, More Light Please (one woman show), Box Office Warsaw Company, Jerzy Lach
2009, Stage, Jasna, Never After, Tabs Theatre, Victoria Fadgley
2007, Stage, Ewa (Co-Lead), Mushroom, Storytellers Theatre Company, Liam Halligan

Web Series

2010, Web Series, Mariana (Lead), Mariana, RTE, Steven Stubbs

Animation

2017, Animation, Cassidy, Dougie Noir, RTE, Shane Perez

Accents & Dialects: (* = native)

Ukrainian, Dublin, Czech, Polish*, Latvian, Russian, East European

Languages: (* = Native/Fluent)

Polish*, English*

Music & Dance: (* = highly skilled)

Freestyle Dance, Contemporary Dance, Jazz Dancing, Tap, Zumba

Performance:

Poetry Reading

Sports: (* = highly skilled)

Swimming, Cycling, Yoga, Bowling, Boxing, Stage Combat

Other Skills:

Knitting, Writer, Alexander Technique, Fashion Design/Styling (experienced), Improvisation, Mime, Photography-Professional, Cooking/Baking, Photographic Model

Training:

Bow Street Academy – Screen Acting Program
Dublin, Ireland | Full-time, 1-year course (2013–2014)

The Factory Actors Studio

Dublin, Ireland | Member (2010–2016)

Mentors included Garry Grennell, Shimmy Marcus, Kirsten Sheridan, John Carney, Lance Daly, Maureen Hughes, and Jim Sheridan.
Notable fellow members: Barry Keoghan, Patrick Gibson, Jack Reynor, Niamh Algar.

Gaiety School of Acting – Full-Time Course
Dublin, Ireland | 2003–2004

Hyde Park Acting School – Part-Time Program
Warsaw, Poland | 1999–2002