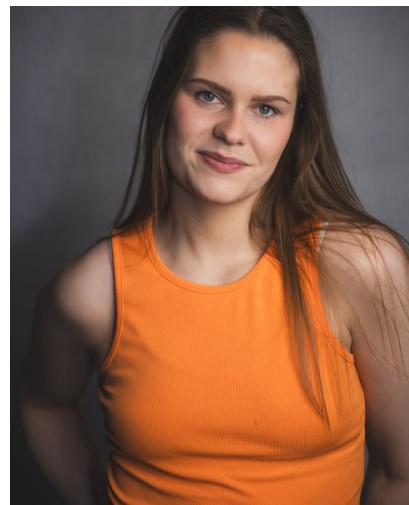
**MANAGEMENT**

Studio 61709, PO Box 6945
 London, W1A 6US
 +44 (0)207 183 6211
 casting@lamangement.co.uk
 www.lamanagement.co.uk



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Karitas Sif

Location	Reading, Greater London, Reykjavík, Iceland	Eye colour	Blue-Grey
Height	173 cm	Hair colour	Light/Mid Brown
Weight	70.00 kg	Hair length	Mid Length
Playing age	25 - 35		
Appearance	White, Scandinavian, Eastern European		

Karitas Sif is a talented Icelandic actress, she has been studying acting since 2012 and graduated with a BA in World Performance in 2021. More recently she has been playing the lead in the new short-film, Extraction. As well as playing roles in new comedy shows. She has a European passport.

Television

Year Role	Title	Company	Director
2026 Alma	THE AVALANCHE	Glassriver	Thordur Pálsson
2025 Servant	KING AND CONQUEROR	RVK Studios	Baltasar Kormákur
2024 Kennari	ICE GUYS 2	Atlavík	Hannes Pór
2025 Sports anchor	BRJÁNN		Sigurjón Kjartansson
2023 Employee of the Embassy	THE MINISTER 2	SagaFilm	Arnór Pálmi Arnarson
2023 Student	AS LONG AS WE LIVE	Glassriver	Katrín Björgvinsdóttir
2023 Deit 2	KANARÍ 2	Kanarí	Kanarí

Short Film

Year Role	Title	Company	Director
2023 Scarlett	EXTRACTION	Asoca Productions	Rúnar Vilberg
2023 Hanna Hrafnssdóttir	MORDFJÖRÐUR	Fólk Films	Haukur Kaaber
2022 Kúnni	ÖLVUD Í ÖÐRUM GÍR	Helluland	Gabriel Elí
2021 Singer	DISKÓEYJAN	Helluland	Gabriel Elí

Feature Film

Year Role	Title	Company	Director
2023 Stewardess	OPERATION NAPOLEON	Saga Film	Óskar Thór Axelsson

Stage

Year Role	Title	Company	Director
2025	BRÚÐUBÍLLINN (THE PUPPET CAR)	Brúðubíllinn	Hörður Bent
2021 Elizabeth	FALLEN LEAVES	East15	Yuxuan Liu
2021 Madge Conway	TIME AND THE CONWAYS	East15	Almíro Andrade
2019 Doctor	THE GOVERNMENT INSPECTOR	East15	Ramiro Silveira
2017 No name	FLÓTINN	Ungleikur	Ingunn Lára Kristjánsdóttir

2016 No name	HINN BLÓÐUGI MÁNI	Ungleikur	Reginn Tumi Kolbeinsson
2016 Liane Cartman	SOUTHPARK	Verðandi	Agnar Jón

Pantomime

Year	Role	Title	Company	Director
2022	Tin Man	THE WIZARD OF OZ	Lapland	

Commercial

Year	Role	Title	Company	Director
2025	Lead	HÓTEL HÚSAFELL	Chili	Daði Danielsson
2023		NOVA	Skot Productions	Þóra Hilmarsdóttir

Music Video

Year	Role	Title	Company	Director
2023		THE NEW HORIZON	Damnation Plan	Jarkko Lunnas

Online Commercial

Year	Role	Title	Company	Director
2023	Costumer	INDI ROCK	Indi Rock	Bianca Chibu

Accents Icelandic*, RP

Languages Icelandic*, English

Music & dance Jazz Dancing, Ukulele, Hip Hop Dance, Balinese Dance-Drama, Singing (general), Soprano, Guitar, Pole Dance, Bharatnatyam Dance

Performance skills Mask, Comedy, Skin Work, Story Telling, Presenting, Actor-Singer, Comedy Improv, Actor-Musician

Sports Badminton, Pole Fitness, Basketball, Rollerblading, Ice Skating, Snowboarding, Swimming, Skiing, Running, Handball, Horse-riding, Football

Licences Car Driving Licence

Other skills Knitting, Crochet

(* = highly skilled)

Training East 15 Acting School, World Performance, 3 years, 2018-2021
Fjölbrautarskólinn í Garðabæ (Iceland), Acting major, 4 years, 2012-2016