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Rebecca Faith Wield

Rebecca is a Lumen Prize (2024) nominated movement director, coach, choreographer, intimacy co-ordinator, and actor from London. Rebecca works with actors and performers on stage, screen, performance capture and visual art to develop nuanced character physicality and authentic, expressive embodiment. Her collaborative approach with directors and creative teams is to create a physical language that weaves seamlessly with narrative and immerses the audience more deeply into the world of the characters.

Rebecca has an MA with distinction in Movement Directing and Teaching at the Royal Central School of Speech and Drama, 2023 and was named "One to watch" by Broadway World in 2022 for movement direction on Ravenscourt at Hampstead Theatre. Rebecca's background is dance and acting, she trained at The Royal Ballet School, and danced with English National Ballet and internationally. She went on to train as an actor at Giles Foreman Centre for Acting in 2016, which introduced her to the Movement Psychology work of Yat Malmgren and Rudolf Laban. Rebecca is also a highly experienced Pilates teacher, with a specialisation in rehabilitation and somatics.

As a researcher and practitioner in the field of trauma-informed movement practices within directing and teaching spaces, her commitment is to facilitating empathetic, artist-centred, brave spaces. As a neurodivergent artist herself, her creative process is diverse and adaptable, often improvisation based, allowing movement to reveal itself from the artist's body.

THEATRE CREDITS

2025 - Fatherland - Hampstead Theatre - Movement Director

2025 - 'Pelleas et Melisande' - Loughborough Festival Opera - dancer

2023 - 'Persona' - Motion Capture/digital art piece - Saatchi Gallery (Lumen Prize finalist 2024) - actor/deviser & Laban-Yat movement-psychology specialist

2023 - 'Biscuits for Breakfast' - Hampstead Theatre - movement director& intimacy

2023 - 'Roberto Zucco' Fourth Monkey Training Company - movement director 2022 - 'Ravenscourt' - Hampstead Theatre - movement director

2022 - 'Hamlet' - 3rd year BA Acting-Devising - Royal Central School of Speech and Drama - movement director

2021 - Wild Beasts - performer/writer/movement director - Lockdown Palladium (live-streamed)

2019 - 'Ghost Fruit' - Camden People's Theatre - actor

2018 - 'Painting' - The White Bear Theatre - movement support

2005 - Ballet Dortmund - Guest artist - Swan Lake

2001-2004 English National Ballet - Corps de Ballet:

Royal Albert Hall & UK Tour - Sleeping Beauty, Swan Lake

London Coliseum & UK Tour - Nutcracker

2003 - Ballet Eisenach - Soloist - Carmen, Taming of the Shrew, Jungfrau von Orleans, My Fair Lady, Csardasfurstin, Jesus Christ Super Star.

2002-2003 Aalto-Ballett Theater - Corps de ballet: Deutsche Tanzpreis - Orpheus, The Green Table, Carmina Burana, Bruder Karamasov, Sonfonia, Graduation Ball, Gala - Blue Bird pas de deux (Sleeping Beauty) 2020

TV/FILM CREDITS

2025 Flat 2B - short movement film - writer/director (in development)

2024 Woman in Bathroom - short film - lead actor

2020 House of Shadows (Porcelain Film) - feature film - actor - 'The Monster' 2018 Anthony (Purevim Productions) - actor

2018 Ask a Stranger (Beckmann Productions) - short film - lead actor

2018 The man at table nine (Walker Productions) - short film - lead actor 2018 Ruth (UAL) - short film - lead actor

2017 Jane's Story (UN Women)- short film - lead actor

2017 Ancient Assassins (World Media Rights) - TV Series - Actor/Fight artist 2017 Gears - short film (Central Film School) - lead actor with stunts

2017 The Runaway - short film - lead actor

2016 Love Bug - short film - lead actor

2016 Miss Perception (Zephyr Productions) - short film - lead actor

TRAINING

2021-2023 MA Movement Direction & Teaching at Royal Central School of Speech & Drama - Distinction

2021 Coaching and Mentoring foundation certificate at Guildhall School of Music & Drama

2020-2021 Somatic Stress Relief Practitioner Training - Embody Lab 2014-2016 Giles Foreman Centre for Acting - Post-grad Actor training 2005-2006 Pilates Teacher Training Certification - The Pilates Foundation 1994-2001 The Royal Ballet School - Classical Ballet graduate

SKILLS & PRACTICES:

Acting, movement direction, intimacy, actor-movement tutor, character physicality, animal-work, ballet, contemporary dance, period/social dance, improvisation, devising, choreography, Laban, Laban-Yat movement psychology, physical theatre, motion/performance capture, Pilates, trauma- sensitive somatics, swimming.