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Evan Engel

# Sheldon Frett

Location:Greater London, United KingdomEye Colour:BrownHeight:6'1" (185 cm)Hair Colour:BlackWeight:12st. 0lb. (76.2 kg)Hair Length:Short

Playing Age: 21 - 35

**Appearance:** African-American, Black-Caribbean

# Credits

2020, Television, Colin, Hitmen, Sky One, Ollie Parsons

2017, Stage, Helicanus, Pericles, Prince of Tyre, LAMDA, Rupert Hands

2017, Television, Tai, Shots Fired, FOX, Reggie Rock Bythewood

2016, Feature Film, Rudy, Vincent N Roxxy, Unified Pictures, Gary Michael Schultz

2016, Feature Film, Supporting Lead, The Book of Love, Electric Entertainment, Bill Purple

2014, Feature Film, Supporting Lead, Get On Up, Universal Studios, Tate Taylor

2014, Television, Co-Star, Red Band Society, ABC, Griffin Dunne

Accents & Dialects: (\* = native)
Caribbean\*, American-Standard\*

Laban Training, Public Speaking, Poetry Reading, Meisner Technique, Master of Ceremonies

**Sports**: (\* = highly skilled)

Cycling, Swimming, Dodgeball, Bowling, Athletics, Basketball, Baseball, American Football, Shooting (Handgun), Running

#### Vehicle Licences:

Performance:

Car Driving Licence

### Other Skills:

Firearms training, Beach Lifeguard, Business Management (BA hons), Poker, Computer Literate, Improvisation, Military Training/Experience

## Training:

London Academy of Music and Dramatic Art - LAMDA, MA Classical Acting, 2017

Sheldon Frett 1/2



Sheldon Frett 2/2