



MANAGEMENT

Studio 61709, PO Box 6945
London, W1A 6US
+44 (0)207 183 6211
casting@lamanagement.co.uk
www.lamanagement.co.uk



© Tony Blake

Carolina Plaza

Location	Greater London, Madrid, Spain, Balearic Islands, Spain	Ethnic Background	Latin/American, White
Height	170 cm	Eye colour	Blue-Grey
Weight	76.00 kg	Hair colour	Blond(e)-Medium
Playing age	38 - 50	Hair length	Mid Length
Appearance	Eastern European, Mediterranean, White	Voice	Authoritative, Avuncular, Staccato

Comedy Actress London-based Student @All In Actors Fluent in English, Spanish, and Italian EU passport Experienced nanny with SEN skills Qualified Bus Driver

Commercial

2024, Real People, SONY DOLBY, Moremilk, Moremilk

Film school

2022, Police #3, THROUGH HIS EYES, Through his eyes, Seyi Oloyede
2023, Old Lady, GUSTAVO AND THE FOUR RULES, University of Greenwich, Venus Egboh
2023, Mother, THE DAUGHTER, The Daughter, Lisa Kochanova
2021, Waitress (non speaking role), SAME RULES APPLY, Same Rules, Daniella Wilson
2022, Voice over, CINEMA NOW, Cinema now, Louis Holder

Music Video

2023, Singer, THE CAROLINA'S, Carolina Plaza, Carolina Plaza

Short Film

2025, Alex, ESCAPE, Claire Emmott, Mark Owen
2023, Reporter, THE BRINK, Kayode Adesina, Airen Ekhoesuehi
2022, Carer (non speaking role), AROMA CUE, Makovision Films, M. Frank

Event

2023, Singer, WINGS OVER ROWLEY WAY, The Amal Fund, Byron Gold

Concert

2023, Singer, STRATFORD EAST SINGERS, Stratford East Theatre, Byron Gold

Accents	Multicultural London English (MLE)*, Spanish*
Languages	Spanish*, English*, Italian*
Music & dance	Choral Singing*, Alto*
Performance skills	Physical Theatre*, Mask, Comedy Improv*, Stand-up Comic, Meisner Technique

Sports Yoga, Swimming (Open Water), Swimming
Licences Car Driving Licence, PCV Licence, CBT Licence
Other skills Licensed Chaperone, Performance Artist, DBS (CRB) clearance, Improvisation, Photography, Check In/Ground Handling (experienced), Chaperone (licensed)
(* = highly skilled)

Training All In Actors 2024-2025
Nouveau Colombier, Private Certificate Mime and physical theatre , 2016 - 2018
Intensive Bont's International Clown School , Private Certificate Clown Course, 2012