



MANAGEMENT

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Lila Garrad

Location	Greater London, Surrey	Eye colour	Green
Height	160 cm	Hair colour	Light/Mid Brown
Playing age	15 - 20	Hair length	Long
Appearance	White	Voice	Clear

Lila is a London based actress currently in full time training at Italia Conti. Her TV debut was the role of Casey in the Sky comedy "Romantic Getaway" starring along side Katherine Ryan & Romesh Ranganathan. Lila has recently completed the intake course for the National Youth Theatre of GB.

Stage

Year	Role	Title	Company	Director
2022	Talc	JUNKYARD	Rose Theatre	Anthony Hoskyns

Television

Year	Role	Title	Company	Director
2022	Casey	ROMANTIC GETAWAY	Ranga Bee for Sky	Shaun Wilson

Accents

American-California, American-Southern States, West Country, Bristol, Welsh-Standard, American-Standard, RP, English-Standard, London*

Languages

English*

Music & dance

Ballet*, Dance (general)*, Acro, Tap*, Jazz Dancing*, Contemporary Dance*, Street Dance*, Choreography*, Pointe, Singing (general), Hip Hop Dance*, Commercial Dance*, Modern Dance*

Performance skills

Musical Theatre*, Physical Theatre, Actor-Singer

Sports

Pilates, Skiing, Cycling, Swimming, Gymnastics

(* = highly skilled)

Training

Italia Conti MT 27'
National Youth Theatre
Rose Theatre Young Company
Emil Dale Academy
Trinity Laban (CAT)