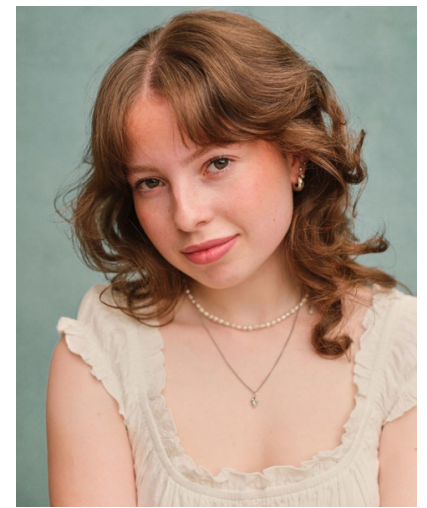




## MANAGEMENT

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© AKTA Photography

# Lila Garrad

|             |                               |             |                        |
|-------------|-------------------------------|-------------|------------------------|
| Location    | <b>Greater London, Surrey</b> | Eye colour  | <b>Green</b>           |
| Height      | <b>160 cm</b>                 | Hair colour | <b>Light/Mid Brown</b> |
| Playing age | <b>15 - 25</b>                | Hair length | <b>Long</b>            |
| Appearance  | <b>White</b>                  | Voice       | <b>Clear</b>           |

Lila is a London based actress currently in full time training at Italia Conti. Her TV debut was the role of Casey in the Sky comedy "Romantic Getaway" starring along side Katherine Ryan & Romesh Ranganathan. Lila has recently completed the intake course for the National Youth Theatre of GB.

### Workshop

| Year | Role  | Title      | Company | Director    |
|------|-------|------------|---------|-------------|
| 2025 | Ellie | THE EFFECT |         | Ellie Jones |

### Stage

| Year | Role | Title    | Company      | Director        |
|------|------|----------|--------------|-----------------|
| 2022 | Talc | JUNKYARD | Rose Theatre | Anthony Hoskyns |

### Television

| Year | Role  | Title            | Company           | Director     |
|------|-------|------------------|-------------------|--------------|
| 2022 | Casey | ROMANTIC GETAWAY | Ranga Bee for Sky | Shaun Wilson |

**Accents** American-New York, American-California, Cockney, American-Southern States, Edinburgh, RP, Bristol, American-Standard, London\*

**Languages** English\*

**Music & dance** Commercial Dance\*, Ballet\*, Hip Hop Dance\*, Tap\*, Singing (general)\*, Jazz Dancing\*, Contemporary Dance\*, Pointe, Choreography\*, Alto\*, Modern Dance\*

**Performance skills** Musical Theatre\*, Actor-Singer\*

**Sports** Pilates, Cycling, Swimming

(\* = highly skilled)

**Training** Italia Conti  
National Youth Theatre  
Rose Theatre Young Company  
Emil Dale Academy  
Trinity Laban (CAT)