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© Lydia McGoldrick

Rachel Lightfoot

Location	South Yorkshire, Greater Manchester	Ethnic Background	White
Height	163 cm	Eye colour	Green
Weight	61.70 kg	Hair colour	Red/Titian
Playing age	30 - 40	Hair length	Mid Length
Appearance	White	Voice	Friendly

Meisner-trained Actor. Currently pregnant. Recently wrapped on FASD Films with Forward Leeds. Currently co-producing my first short film with Dark Wander.

Educational

2026, Elena, FASD FILMS, Opal Video, Zoe East

Feature Film

2026, Vax/Wendy, SKEGNESS TO VEGAS: A MUSICAL, Nick Maunsell

2019, Reporter, UNIT ELEVEN, Sliemhouse Films, Theo Cane Garvey

Short Film

2025, Winnie, ONE TOO MANY, Curiosity Junction, Lisa Rustage

2025, Mrs Squeaky Flasher, DON'T BELIEVE A WORD I SAY, Clarke of Salford, Ciara O'Rourke

2025, Josephine Cartwright, REPOSSESSION, Emma Jane Heaton & Frankie Currie

2024, Chloe, PETER, Callum Wear

2023, The Queen, THE QUEEN'S LAST STAND, Grindhouse North, Dan Urban

2023, Date, HEART OF HEARTS, Molineaux Productions, Franziska Albrecht

2022, Rachel, THE EXCHANGE 7, Grindhouse North, Dan Urban

2019, Blair, DOLLS OF THE VOID, Independent, Tavarua Garvey

Web Series

2025, Detective Inspector Peggy Diamond, NONE BUT THE LONELY HEARTS, Northern Fox Films, David Gowin

Event

2024, Fortune Teller, BOARDMASTERS FESTIVAL, Costa Coffee

2024, Fortune Teller, COCA COLA INTERNATIONAL PARTNERS 2024 (CONFERENCE), Coca Cola

Commercial

2024, Rachel, BOLD COMMERCIAL (INTERNAL), Touch Media, Julie Shaw

2022, Herby Werby, DOBBIES GARDEN CENTRE, Craft Films, Jonas McQuiggin

2024, Interviewee, BOLD INTERNAL ADVERT, Touch Media, Julie Shaw

Interactive Video

2024, Rachel, UPLIFT YOUR LIFE, MindLife, Bridget Ramsey

Immersive

2023, Mrs Claus/Elf, A MAGICAL CHRISTMAS ADVENTURE 2023, Greenspace Leisure, Rebecca Elliott

2022, Mrs.Claus, A MAGICAL CHRISTMAS ADVENTURE 2022, Greenspace Liesure, Rebecca Elliott

Role Play

2023, Various, MEDICAL ROLEPLAYS, Sheffield University, N/A

Viral

2023, Various, IT'S GONE VIRAL, Komi Group, Chloe Grantham

2022, Recurring Lead Roles, IT'S GONE VIRAL, Komi Group, Chloe Grantham

Training Film

2022, Employee, LLOYDS PHARMACY TRAINING VIDEO, Limehouse Films

Stage

2022, Charlene, SHEFFIELD MONOLOGUE SHOWCASE 2, Sheffield Monologue Showcase, Melanie Hopkins

2020, Storyteller, SHEFFIELD MONOLOGUE SHOWCASE, Sheffield Monologue Showcase, Melanie Hopkins

Journalism

2022, Interviewer, SHEFFIELD UNIVERSITY PROMO FILM, Sort Of...Films, Ed Cartledge

Online Commercial

2022, Influencer, TRICH-LOVE COMMERCIAL, Trich-Love, Nick Mont

2015, Housewife, DAPPER DAN, Video Cake, Rolande Hall

Radio

2021, Doctor, GOD BLESS DEWSBURY, John Mee Plays, John Mee

Voice Over

2021, Various Roles, PROJECT HORROR, Project Horror, Dan Urban

Internet

2021, The Boss, PROJECT HORROR: THE INTRUDER, Project Horror, Dan Urban

2020, Jenner, PROJECT HORROR: THE RAID, Project Horror, Dan Urban

2018, Alice, TRICK OR TREAT, XLight Productions, Sam.E.Flanagan

Podcast

2021, Joanna Harper, THE GOTOBED DIARIES, The Gotobed Diaries, Chris Reeve

2020, Myself/Poet, LOCKDOWN DIARIES, The Alternative Realities & Fake Realities Podcast

Music Video

2021, The Abused, VIOLET 17, CHILLS, Independent, Richard Lawrence Day

2015, Mannequin, GIALLO DISCO, SACRIFICIO, Deranged Industries, Matt Rowan-Maw

2013, Vampire, KIM WILDE, EVERY TIME I SEE YOU I GO WILD, Paul D TV, Paul D

Film

2018, Elizabeth, THE DEATH OF FOUR SEASONS, Deranged Industries, Matt Rowan-Maw

Accents

American-Standard, RP, Nottingham, Yorkshire*

Languages	English*
Music & dance	Burlesque*
Performance skills	Audio Drama, Comedy Improv*, Live Roleplay*, Immersive Performance*, Interactive Performance*, Role Play*, Meisner Technique*, Poetry Reading*, Outdoor Performances*
Sports	Swimming
Licences	Automatic Car Driving Licence
Other skills	Movement Director/Coach, Computer Literate, Narration, Model-professional, Photography, Workshop Leader, Improvisation, Photographic Model, Tarot Reading, Cooking/Baking
Voiceover	Voice Acting
(* = highly skilled)	
Training	The Meisner Technique: Studio 13 Acting School. Accent Coaching: American and RP: Sarah McGuiness. BA Hons degree in Film & Literature: Sheffield Hallam University.