

# INSIGHT

Management & Production

20 Coronet Street  
London  
N1 6HD  
Phone: 0203 093 8400  
Email: [office@insightmp.co.uk](mailto:office@insightmp.co.uk)  
Website: [www.insightmp.co.uk](http://www.insightmp.co.uk)



Simon Ridgway

## Eirlys Lovell-Jones

<b>Location:</b>	Cardiff, United Kingdom	<b>Eye Colour:</b>	Blue
<b>Height:</b>	5'5" (165.1 cm)	<b>Hair Colour:</b>	Auburn
<b>Playing Age:</b>	16 - 22	<b>Hair Length:</b>	Long
<b>Appearance:</b>	White	<b>Vocal Range:</b>	E <sub>3</sub> to G <sub>5</sub> (belt to D <sub>5</sub> )

Just graduated from Cambridge University, where I performed in 13 plays including The Seagull as Arkadina, Hedda Gabler as Hedda, and Indecent as Halina.

Previously a member of the Royal Welsh Young Company, and a concert Cellist

### Credits

2025, Television, Young Megan, Still Waters, Channel 4/S4C, Sion Ifan  
2024, Short Film, Julie, The Meal, Close Shave, Rishi Sharma and Nikhil Rampal  
2024, Music Video, Tia, Galaru, S4C, Talulah Thomas, Finlay O'Hara  
2019, Short Film, Elin - mourner, Burial, Ffilm Cymru, Hannah Daniel and Georgia Lee  
2015, Infomercial, Organ Recipient (speaking role), Organ Donation Campaign, Llywodraeth Cymru,  
2023, Stage, Halina, Indecent, ADC, Elizabeth Laurence  
2023, Stage, Hedda, Hedda Gabler, Brickhouse Theatre Company/ADC, Kitty Croft  
2023, Stage, Arkadina, The Seagull, ADC, Mimi Pattinson

### Accents & Dialects: (\* = native)

East European, London, Welsh-Standard\*, Scottish-Standard, Irish-Southern, Heightened RP, American-Standard, Welsh-Northern, Welsh-Southern\*, RP, Irish-Northern

### Languages: (\* = Native/Fluent)

Welsh\*, English\*, Polish

### Music & Dance: (\* = highly skilled)

Guitar, Piano, A Cappella, Ballet, Cello\*, Mezzo-Soprano\*

### Sports: (\* = highly skilled)

Ice Skating, Horse-riding\*

### Training:

3 years with Young Actors' Studio at the Royal Welsh College of Music and Drama  
Cambridge University BA